

## What you must know and do

### All girls and women using valproate and who could become pregnant:

- Valproate can seriously harm an unborn child when taken by the mother during pregnancy.
- Always use effective contraception without interruption during the entire duration of treatment with valproate.
- If you think you are pregnant: Schedule an urgent appointment with your doctor.
- Visit your specialist at least each year.

### Males using valproate:

- There is a possible risk of movement and mental developmental disorders in children when valproate is taken by the father in the 3 months before conception.
- Discuss this possible risk and the need for effective contraception with your doctor.

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See <http://www.medicinesauthority.gov.mt/adrportal> for how to report side effects, or to [PharmacovigilanceMalta@sanofi.com](mailto:PharmacovigilanceMalta@sanofi.com)

## What you must know and do

- Valproate is an effective medicine for epilepsy and bipolar disorder.

## This applies to all girls and women using valproate who could become pregnant and males using valproate:

- Read the package leaflet carefully before use.
- Never stop taking valproate unless your doctor tells you to as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you talked to your doctor.
- Ask your doctor to give you the patient guide.

*Keep this card safe so you always know what to do.*