

MD Lidia Carnio

Enthusiastic of rural family practice and mental health.



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EMPLOYMENT HISTORY

General Practice at Secretaria de Saúde de Farias Brito, Farias Brito, Brazil June 2021 — April 2022

Work as a general practice in a rural setting.

General Practice at Ministerio da Saúde, Brazil, Alvorada, Brazil

April 2022 — March 2023

Work in a vulnerable urban health center unit.

EDUCATION

Bachelor's degree, Faculdade de Medicina de Barbalha UFCA, Barbalha June 2015 — May 2021

Specialization in Primary Care, Ministério da Saúde, Brasil, Alvorada, Brazil April 2022 — March 2023

General Practice, Residency of Family Medicine, Porto Alegre

May 2023 — February 2025

EXTRA-CURRICULAR ACTIVITIES

Volunteer at Red Cross Mexico, Sabinas Hidalgo

November 2013 — April 2014

As a nurse student in the moment I was volunteering at the Emergency Care Service of Red Cross in Sabinas Hidalgo, Mexico

Basic English Teacher at UP Cursos, Palmas, Tocantins

January 2015 — June 2015

Basic Spanish Teacher at Universidade Federal do Cariri, Barbalha, Ceará, Brazil January 2016 — November 2016

Coordinator of Projeto Feliz (Happy Project) at Universidade Federal do Cariri, Barbalha

January 2017 — November 2017

The project were created to help the children treating cancer of the association IACC (Institution to Support the Children with Cancer of Cariri) with actions from the medicine students.

Creator of Projeto Raízes (Root Project) at Universidade Federal do Cariri, Barbalha, Brazil

February 2019 — November 2019

The project were designed to spread the permaculture in the vulnerable urban population of Barbalha, with techniques of sustainability.

SKILLS

Acupuncture

Dry needling

Ambulatory surgeries

Insertion and removal of Long-Acting Reversible Contraception (LARC)

LANGUAGES

Portuguese

English

Spanish

INTERNATIONAL EXPERIENCE

Exchange student at Rotary Club, Sabinas Hidalgo, Mexico

June 2013 — April 2014

I did a youth exchange during my last year of high school, however, as luck would have it, I ended up doing a year of nursing college.

HOBBIES

First Martial arts then, rehabilitation, Piano, Literature, Sewing, and Gardening