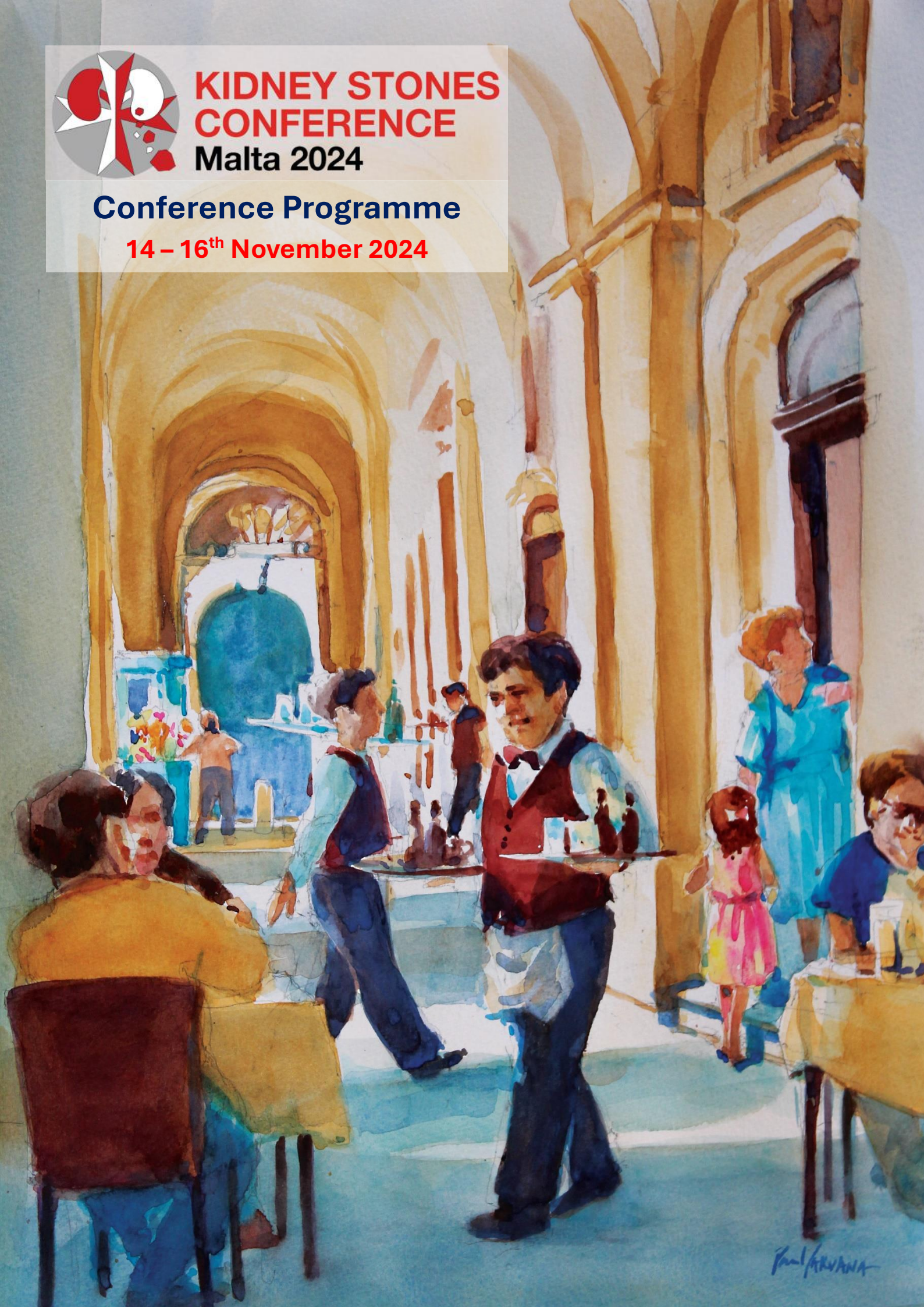




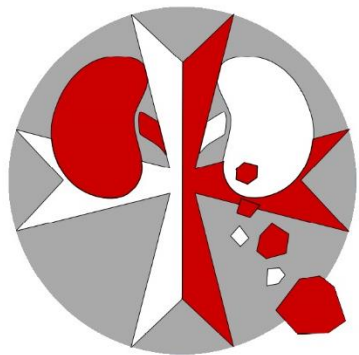
**KIDNEY STONES
CONFERENCE**
Malta 2024

Conference Programme

14 – 16th November 2024



Paul KAVANA



KIDNEY STONES CONFERENCE Malta 2024

14th – 16th November 2024

**Hosted by the Urology and Nephrology Divisions in
Mater Dei Hospital, Malta**

14th November Family Doctors and Trainees in Family Medicine
Valletta Local Council Town Hall

15th November Urology, Nephrology and Paediatrics Specialists and
Trainees
Valletta Local Council Town Hall

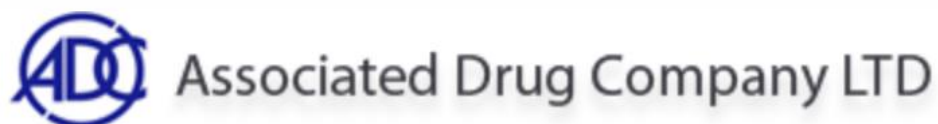
16th November Basic Specialist Trainees in Surgery and Medicine
Lecture Rooms 4&5, Mater Dei Hospital

Cover Page

Under the Arches

Watercolour by artist Paul Caruana

Conference Supporters





DAY 1

FAMILY DOCTORS & TRAINEES IN FAMILY MEDICINE

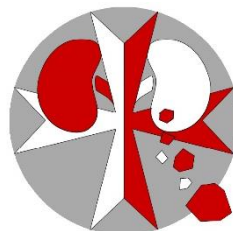
Thursday 14th November 2024

Audience: Family Doctors and Trainees in Family Medicine

Location: Valletta Local Council Hall

7:30pm – 8:00pm	Registration
8:00pm – 8:10pm	Opening Address
8:10pm – 8:35pm	An Overview & Management of Nephrolithiasis - A Nephrologist's Perspective <i>Prof Emanuel Farrugia</i>
8:35pm – 9:00pm	An Overview & Management of Nephrolithiasis - A Urologist's Perspective <i>Mr Stephen Mattocks</i>
9:00pm onwards	Social Event / Reception Dinner

In collaboration with the **Malta College of Family Doctors** (MCFD) each session will be accredited **one CME**. A certificate of attendance confirming CME points accredited will be sent to all attendees at the end of the conference.





**KIDNEY STONES
CONFERENCE**
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DAY 2

SPECIALISTS & TRAINEES IN UROLOGY, MEDICINE & PAEDIATRICS

Friday 15th November 2024

Audience: Nephrology Specialists & Trainees
Urology Specialists & Trainees
Paediatric Surgery Specialists & Trainees
Paediatric Nephrology Specialists & Trainees

Location: Valletta Local Council Hall

3:30pm – 4:15pm	Registration & Light Lunch
4:15pm – 4:30pm	Opening Address
4:30pm – 4:55pm	Nephrolithiasis in a Paediatric Population – A Local Perspective <i>Ms Julie Galea and Mr Colin Mizzi</i>
4:55pm – 5:20pm	Adult Urology Session Title: TBA <i>Mr John Sciberras and Mr David Farrugia</i>

5:20pm – 5:50pm

Coffee Break

5:50pm – 6:00pm



Sponsor Presentation
Focused Pharma



**KIDNEY STONES
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Malta 2024

6:00pm – 6:25pm

Radiology Session – Case Discussions
Dr Warren Scicluna

6:25pm – 7:00pm

Foreign Speaker Session
Title: TBA
Dr Shabbir Moochhala

7:00pm – 7:10pm



Sponsor Presentation
Medina

7:10pm – 7:30pm

Coffee Break

7:30pm – 7:40pm



Sponsor Presentation
Vivian Group

7:40pm – 8:05pm

Idiopathic Hypercalciuria
Dr Julian Delicata

8:05pm – 8:15pm

Closing Remarks

8:15pm onwards

Social Event / Reception Dinner
Under the Arches

DAY 3

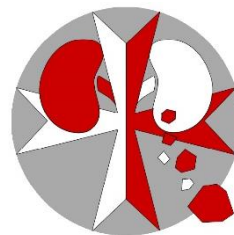
BASIC SPECIALIST TRAINEES IN SURGERY & MEDICINE

Saturday 16th November 2024

Audience: Medicine & Surgery Basic Specialist Trainees

Location: Mater Dei Hospital (Lecture Room 4/5)

8:30am – 9:00am	Registration
9:00am – 9:10am	Introduction
9:10am – 9:30am	Urology – Acute Management of Kidney Stones
9:30am – 9:50am	Radiology - Which Imaging Modality to Use?
9:50am – 10:10am	Urology – Surgical Management of Stones
10:10am – 11:00am	Break + Posters
11:00am – 11:20am	Oral Presentations of Best Abstracts
11:20am – 11:40am	Nephrology – Assessment of Nephrolithiasis
11:40am – 12:00pm	Nephrology – Medical Treatment of Kidney Stones



BIOGRAPHY

Dr Shabbir Moochhala

Dr Moochhala is a Consultant Nephrologist at the Royal Free Hospital in London. He trained in Edinburgh and Newcastle upon Tyne, and has a special interest in renal physiology. His PhD examined pyrophosphate transport physiology in the kidney. He runs the Metabolic Renal Stone clinical service at the Royal Free Hospital, and was mentored by Professor Robert Unwin. Shabbir contributes at international level to kidney research and education. He is Principal Investigator for four international clinical trials and is national chair of Rare Disease Groups and an NHS Rare Disease Collaborative Network.



VENUE

The Valletta Local Council Townhall

The Valletta Local Council, located on the site of the former Café Premier, is situated in the ground floor of the impressive Bibliotheca building in Republic Square.

The origins of the Bibliotheca date back to 1776 when the decision to establish a public library in Malta was made by the Grand Master of the Order of St. John, Emmanuel de Rohan-Polduc. This was part of a broader initiative to promote education and literacy among the Maltese population. The current building, a masterpiece of neoclassical design, was designed by the Polish-Italian architect Stefano Ittar and constructed between 1786 and 1796.



The building's façade, adorned with Corinthian columns and ornate cornices, is an imposing yet elegant sight that adds to the historic charm of Republic Square, where it is located.

The library's holdings include a wide range of books, manuscripts, and archival materials that span several centuries. Among the most treasured items in the collection are the archives of the Order of St. John, which include documents dating back to the 12th century.

Leading the Way in Urology Solutions – Your Trusted Partner in Advanced Patient Care

PROUD SPONSOR OF THE KIDNEY STONE CONFERENCE MALTA 2024

MedinaHealthcare is dedicated to advancing urological care through innovative solutions and strategic partnerships. As a leading distributor in Malta, we collaborate with globally recognized suppliers to bring you the latest in urology technology and products. We are honored to sponsor the Kidney Stone Conference 2024 and to support healthcare professionals in delivering the best possible care to their patients.



EMS – Pioneers in urology laser technology and lithotripters, offering precise and effective kidney stone treatments.



Teleflex – Comprehensive urology solutions for both hospital and home care settings, ensuring seamless patient care.



Richard Wolf – Advanced endoscopic solutions that enable minimally invasive urological procedures.



Vernacare – Innovators in hygiene management, offering essential products like Bert Bags and Instrapac single-use instruments, enhancing safety in urology care.



Nanovibronix – Ultrasonic medical devices that provide non-invasive treatment options for chronic urological conditions.

Visit the **MedinaHealthcare** booth at the **Kidney Stone Conference 2024** to explore our comprehensive range of urology products and learn how we can support your practice in delivering superior patient care.

Lit-Control®

The most comprehensive and effective solution

Lit-Control pH Up



Increases urinary pH and inhibits uric acid crystallization. Higher efficacy than potassium citrate

Synergistic effect between Citrate and Theobromine

Lit-Control pH Balance



Inhibits the calcium salts crystallization and reduces oxalate without changing the urinary pH

Synergistic effect between Phytate and Magnesium

Lit-Control pH Down



Decreases urinary pH and inhibits struvite crystallization

Synergistic effect between L-Methionine and Phytate

pH

5.5

6.2

Requires alkalinisation



Preventive urinary pH



Requires acidification

Distributor for Malta:



Manufactured by:



Lit-Control products are patent protected and adapted from the European Guidelines on Urolithiasis. Appraised and filed to the National Drug Organization (E.O.Φ).

TamisPRAS – 0.4mg prolonged release tablets

For lower urinary tract symptoms associated with benign prostatic hyperplasia (BPH).

Dosage

Orally. Adults: 1 tablet daily, regardless of meals. No dos adjustment is necessary in patients with renal impairment or mild or moderate hepatic impairment.

Composition

1 tablet prolonged-release tablets contain 0.4 mg tamsulosin hydrochloride, equivalent to 0.367 mg tamsulosin.



LactoCyst Plus Sachets

Lacocysts Plus is a food supplement based on D-mannose, Bromelain, Probiotics, Cranberry, Propolis, NAC, Turmeric, Sodium Jaluronte and PEA.

Cranberry supports the functionality of the urinary tract and performs as an antioxidant action .

Dosage 1–2 sachets daily dissolve in 200ml of water .



Citax 5mg – Erectile Dysfunction

Treatment against erectile dysfunction based on Tadalafil. It works by dilating the blood vessels of the penis, allowing blood flow when sexually stimulated.

Also used to treat the symptoms of benign prostatic hyperplasia (BPH, enlarged prostate), and to improve exercise capacity in those with pulmonary hypertension (PHT).

Dosage – 1 tablet daily 5mg



Resolitis

Resolitis is a food supplement based on botanical extracts. Capsicum has an antioxidant action, while phyllites and Spaccapietra support the functionality of the urinary system.

- Support the functionality of the urinary system .
- It has anti-inflammatory and diuretic properties .
- To facilitate the expulsion of calculi
- To prevent a recurrence
- Antioxidant action

Dosage – 1 Tablet daily



Uromag

Uromag is a food supplement-based potassium citrate. It is indicated in the treatment of different aetiology calculus's, thanks to its ability to dissolve kidney stones due to the increased solubility of uric acid and cystine and the inhibition of the phases of formation of the stone (nucleation, aggregation) due to calcium storage.

Indicated in treatment of:

- kidney stones of different aetiology (uretic, calcic or cystic);
- increased need for potassium (hypokalaemia, dehydration, high protein diets, physical stress with abundant sweating, muscle cramps, etc.).

Dosage – 1 sachet daily

