

**SLOVENIAN FAMILY MEDICINE SOCIETY  
DEPARTMENT OF FAMILY MEDICINE, UNIVERSITY OF LJUBLJANA  
INSTITUTE FOR DEVELOPMENT OF FAMILY MEDICINE  
PRIMARY HEALTH CARE CENTER BLED**

**Organised under the patronage of**

**EUROPEAN ACADEMY OF TEACHERS IN FAMILY MEDICINE AND GENERAL PRACTICE**



**33<sup>rd</sup> JANKO KERSNIK INTERNATIONAL EURACT BLED COURSE Bled,  
Slovenia: September 18<sup>th</sup> – 21<sup>st</sup>, 2024  
*TEACHING AND LEARNING ABOUT EMOTIONS IN FAMILY MEDICINE***



## ***RATIONALE***

Emotions are universal human response to internal and external stimuli. They play an important role in our states of health and disease and in our relationships. It is necessary for family doctors to be able to recognize and accept emotions in themselves and in their patients, and to be able to modify them when necessary. This is a course for teachers of family medicine at all levels that will allow participants to understand emotions and to explore how we can teach this subject to our students, trainees, and colleagues. This year we will also focus on methods of assessment of learning as there has been demand for this in previous courses.

## ***AIMS***

At the end of this course the learner will be able to design a module on teaching and learning about emotion in family medicine.

## ***SPECIFIC OBJECTIVES OF THE COURSE***

At the end of the course the learner will:

- be able to define emotion
- be able to recognize emotions in themselves, in patients, and in learners
- be able to describe the ways that emotions are involved in salutogenesis (staying healthy), pathogenesis, and coping with chronic disease
- be able to list ways that family medicine can modify emotions when necessary
- be able to list the methods used in the assessment of acquisition of knowledge, skills, and attitudes related to emotion
- value the central role of emotion in family medicine.

## ***TARGET AUDIENCE***

The course is aimed at educators in primary care who are involved in teaching at the university or practice level. It aims teachers at all levels that will allow participants to understand emotions and to explore how we can teach this subject to our students, trainees, and colleagues. Final year medical students will also participate at the course to add the learners' perspective and enrich a collaborative learning experience.

## ***COURSE DIRECTORS***

**Yonah Yaphe**, MD CM, MCISc, Associate Professor, Community Health, School of Medicine, University of Minho, Braga, Portugal

**Alan Shirley**, MB, ChB, FRCGP, GP Director, South Yorkshire Primary Care Workforce and Training Hub, UK

**Ruth Kalda**, MD, PhD, Professor, Faculty of Medicine, University of Tartu, Estonia

**Eva Cedilnik Gorup**, MD, PhD, Asst. Prof., Faculty of Medicine, University of Ljubljana, Slovenia

**Scientific programme course director: Mateja Bulc**, MD, PhD, Asst. Prof., Faculty of Medicine, University of Ljubljana, Slovenia

**Executive course director: Vesna Homar**, MD, PhD, Asst. Prof., Faculty of Medicine, University of Ljubljana, Slovenia

### **ORGANISING COMMITTEE**

**Žan Trontelj**, MD, Tch. Asst., Medical Faculty, University of Ljubljana, Slovenia

**Nena Kopčavar Guček**, MD, PhD, Asst. Prof., Medical Faculty, University of Ljubljana, Slovenia

**Vesna Pekarović Džakulin**, MD, Medical Faculty, University of Ljubljana, Slovenia

**Leopold Zonik**, MD, MSc, Executive Manager of Bled Health Center, Slovenia

### **SESSIONS**

Session 1: Opening of the 33<sup>rd</sup> Bled Course

Session 2: Introduction of the participants

Session 3: **Keynote 1: What are emotions and why do we need to know how to recognize, accept and modify them – Yonah Yaphe**

Session 4: group work - exercise, based on keynote 1

Session 5: **Keynote 2: How emotions can affect our clinical decision making - Ruth Kalda**

Session 6: group work: exercise, based on keynote 2

*Warming up session*

Session 7: **Keynote 3: Role of emotions in health - Eva Gorup**

Session 8: group work: exercise, based on keynote 3, preparation for field work

Session 9: Field work, reports from field work

*Warming up session*

Session 10: **Keynote 4: Teaching with feeling - Alan Shirley**

Session 11: group work, based on keynotes 3 and 4

Session 12: **Joker Session**

Session 13: group work (preparing final module)

*Warming up session*

Session 14: **Small Group module presentations**

Session 15: Feedback, evaluation of the course

Session 16: Closure of the course

### **SOCIAL EVENTS**

During course: experiencing Bled, gala dinner and more.

During the traditional fieldwork session, you will have the opportunity to visit local Bled Primary Health Care Centre and home visits to patients will be organised.

## VENUE

The course will be held in Ribno, Bled.

The venue is Hotel Ribno, Izletniška 44, 4260 Bled, Slovenia. We suggest an early room booking at:

**Email: [info@hotel-ribno.si](mailto:info@hotel-ribno.si)**

**Tel.: +386 (0) 4 579 6000**

**[www.hotel-ribno.si](http://www.hotel-ribno.si)**

A special discount for the course participants is available – please refer to special offer “EURACT 2024”.

## REGISTRATION

Registration form is available at <http://www.bled-course.org>.

**Course fee** (V.A.T. included)

To offer more people the opportunity to attend the course, this is a hybrid course. You are welcome to participate in the online course, but the full experience is best enjoyed by in-person participation. There is a limited number of participants for both the in-person course and the online course.

	Full price	EURACT members	EYFDM members
In-person course max. 60 participants	450 EUR	400 EUR	350 EUR
Online course max. 12 participants	200 EUR	150 EUR	100 EUR
Only keynotes Max. 300 participants	free	free	Free

Registration fee should be transferred to the account holder:

Zavod za razvoj družinske medicine

Poljanski nasip 58

1000 Ljubljana

IBAN: SI56020450253583120,

BIC or SWIFT: LJBAS12X

Communication: EURACT2024 + NAME OF THE PARTICIPANT.

You will receive a confirmation e-mail regarding the registration and payment.

Cancellations received before August 15<sup>th</sup>, 2024, will be refunded (in total minus bank and handling charges). After this date no refunds can be made.

Five **sponsored places** will be available through the **EURACT sponsorship** programme for **in-person attendance** for **EURACT members**. For more information, please contact EURACT secretariat: [barbara.toplek@mf.uni-lj.si](mailto:barbara.toplek@mf.uni-lj.si)

**INFORMATION & CONTACTS**

<http://www.bled-course.org/>

For further information please contact:

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***Institute for development of Family Medicine***  
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**1000 Ljubljana, Slovenia**  
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