

Domiciliary Blood Pressure Monitoring Service for Elderly Patients

Dear Family Doctor,

The Active Ageing and Community Care is strengthening its domiciliary nursing blood pressure monitoring services in order to provide maximum benefit to elderly patients. The service is specifically tailored for home-bound residents who are unable to attend health centres or primary healthcare services at community clinics, and are clients of Commcare. This service will start on 3rd June 2024.

Service Details

The domiciliary blood pressure monitoring service offers the following:

Frequency of Monitoring

- Daily monitoring for 1 week OR
- Three times weekly for 2 weeks OR
- Twice weekly for 4 weeks

How to Refer a Patient

- Please fill out the attached referral form and send it to gp.community@gov.mt. Upon receiving the referral, clinical indication will be reviewed and subsequently the patient will be contacted by Commcare nurses to schedule the monitoring sessions.

Reporting and Review Process

- Once the monitoring period is completed and readings are obtained, they will be promptly forwarded to the referring clinician via email for review and necessary action.

Benefits of the Service

- Convenient monitoring for elderly patients who face challenges in accessing traditional healthcare facilities.
- Timely reporting and review of blood pressure readings, facilitating prompt intervention and treatment adjustments when necessary.

Thank you for your attention to this matter. We look forward to collaborating with you to provide comprehensive care to our elderly patients.



Dr Tracy Lee Vidal
Principal General Practitioner
Active Ageing and Community Care