

SLOVENIAN FAMILY MEDICINE SOCIETY
DEPARTMENT OF FAMILY MEDICINE, UNIVERSITY OF LJUBLJANA
INSTITUTE FOR DEVELOPMENT OF FAMILY MEDICINE
PRIMARY HEALTH CARE CENTER BLED

Organised under the patronage of

EUROPEAN ACADEMY OF TEACHERS IN FAMILY MEDICINE AND GENERAL PRACTICE



33rd JANKO KERSNIK INTERNATIONAL EURACT BLED COURSE
Bled, Slovenia: September 18th – 21th, 2024
TEACHING AND LEARNING ABOUT EMOTIONS IN FAMILY MEDICINE



RATIONALE

Emotions are a universal human response to internal and external stimuli. They play an important role in our states of health and disease and in our relationships. It is necessary for family doctors to be able to recognize and accept emotions in themselves and in their patients, and to be able to modify them when necessary. This is a course for teachers of family medicine at all levels that will allow participants to understand emotions and to explore how we can teach this subject to our students, trainees, and colleagues. This year we will also focus on methods of assessment of learning as there has been demand for this in previous courses.

AIMS

At the end of this course the learner will be able to design a module on teaching and learning about emotion in family medicine.

SPECIFIC OBJECTIVES OF THE COURSE

At the end of the course the learner will:

- be able to define emotion
- be able to recognize emotions in themselves, in patients, and in learners
- be able to describe the ways that emotions are involved in salutogenesis (staying healthy), pathogenesis, and coping with chronic disease
- be able to list ways that family medicine can modify emotions when necessary
- be able to list the methods used in the assessment of acquisition of knowledge, skills, and attitudes related to emotion
- value the central role of emotion in family medicine.

TARGET AUDIENCE

The course is aimed at educators in primary care who are involved in teaching at the university or practice level. We expect that both experienced teachers and those at the beginning of their educational careers will find the course useful.

COURSE DIRECTORS

Yonah Yaphe, MD CM, MCISc, Associate Professor, Community Health, School of Medicine, University of Minho, Braga, Portugal

Alan Shirley, MB, ChB, MRCP, Programme Director Sheffield GP Specialty Training Programme, GP, Flowers Health Centre, Sheffield, UK

Ruth Kalda, MD, PhD, Professor, Medical Faculty, University of Tartu, Estonia

Eva Cedilnik Gorup, MD, PhD, Assistant, Medical Faculty, University of Ljubljana,

Scientific programme course director: Mateja Bulc, MD, PhD, Associate Professor, Medical Faculty, University of Ljubljana, Slovenia

Executive course director: Vesna Homar, MD, PhD, Assistant, Medical Faculty, University of Ljubljana, Slovenia

ORGANISING COMMITTEE

Nena Kopčavar Guček, MD, PhD, Assoc.Prof., Medical Faculty, University of Ljubljana, Slovenia

Vesna Pekarović Džakulin, MD, Medical Faculty, University of Ljubljana, Slovenia

Leopold Zonik, MD, MSc, Executive Manager of Bled Health Center, Slovenia

SESSIONS

Session 1: Opening of the 32nd Bled Course

Session 2: Introduction of the participants

Session 3: **Keynote 1: *What are emotions and why do we need to know how to recognize, accept, and modify them – Yonah Yaphe***

Session 4: group work - exercise, based on keynote 1

Session 5: **Keynote 2:**

Session 6: group work: exercise, based on keynote 2

Warming up session

Session 7: **Keynote 3:**

Session 8: group work: exercise, based on keynote 3, preparation for field work

Session 9: Field work, reports from field work

Warming up session

Session 10: **Keynote 4:**

Session 11: group work, based on keynotes 3 and 4

Session 12: **Joker Session**

Session 13: group work (preparing final module)

Warming up session

Session 14: **Small Group module presentations**

Session 15: Feedback, evaluation of the course

Session 16: Closure of the course

SOCIAL EVENTS

During conference: experiencing Bled, tree inspection, gala dinner and more.

During the traditional fieldwork session, you will have the opportunity to visit local Bled Primary Health Care Centre and home visits to patients will be organised.

VENUE

The course will be held in Ribno, Bled.

The venue is Hotel Ribno, Izletniška 44, 4260 Bled, Slovenia. We suggest an early room booking at:

Email: info@hotel-ribno.si

Tel.: +386 (0) 4 579 6000

www.hotel-ribno.si

A special discount for the course participants is available – please refer to special offer “EURACT 2024”.

REGISTRATION

Registration form is available at <http://www.bled-course.org>.

Course fee (V.A.T. included)

To offer more people the opportunity to attend the course, this is a hybrid course. You are welcome to participate in the online course, but the full experience is best enjoyed by in-person participation. There is a limited number of participants for both the in-person course and the online course.

	Full price	EURACT members	Vasco da Gamma members
In-person course max. 60 participants	400 EUR	350 EUR	300 EUR
Online course max. 12 participants	150 EUR	100 EUR	50 EUR
Only keynotes Max. 300 participants	free	free	Free

Registration fee should be transferred to the account holder:

Zavod za razvoj družinske medicine

Poljanski nasip 58

1000 Ljubljana

IBAN: SI56020450253583120,

BIC or SWIFT: LJBAS12X

Communication: EURACT 2022 + NAME OF THE PARTICIPANT.

You will receive a confirmation e-mail regarding the registration and payment.

Cancellations received before August 15th, 2024, will be refunded (in total minus bank and handling charges). After this date no refunds can be made.

Five **sponsored places** will be available through the **EURACT sponsorship** programme for **in-person attendance** for **EURACT members**. For more information please contact EURACT secretariat: barbara.toplek@mf.uni-lj.si

INFORMATION & CONTACTS

<http://www.bled-course.org/>

For further information please contact:

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