Abnormal Liver Function Tests

If meeting referral criteria, kindly record any of the following salient points in the referral ticket:

Clinical history

• Diseases associated with NAFLD/ NASH (Diabetes Mellitus, Hyperlipidaemia, Obesity) and Hepatitis (history of Autoimmune Disease)

• Drugs, prescription or over-the-counter (including statin, antibiotics, herbal remedy)

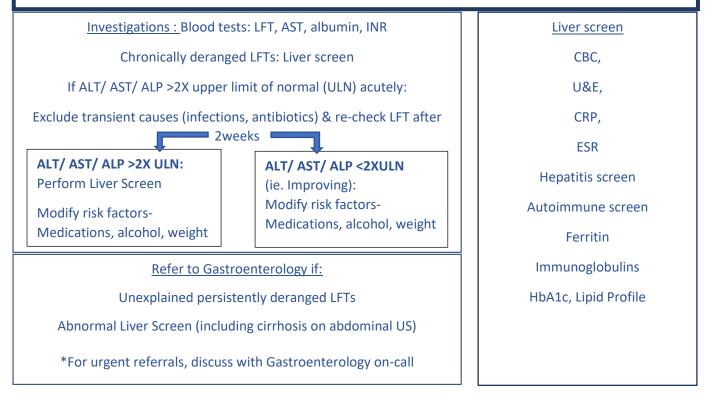
• Alcohol consumption, Occupation, Risk factors for Viral Hepatitis (Recent travel history / Tattoos /IVDU / Unprotected sexual intercourse / Blood Transfusions)

• Family history of Chronic Liver Disease (Autoimmune Hepatitis, Primary Biliary Cirrhosis, Primary Sclerosing Cholangitis, Haemochromatosis, Wilson's Disease, Alpha 1-antitrypsin deficiency)

Examination

- Any clues to the underlying cause (e.g. lymphadenopathy, tattoos, needlemarks)
- Stigmata of chronic liver disease (e.g. icterus/jaundice of skin or mucous membranes, bruising, palmar erythema, spider naevi, gynaecomastia)
- Signs of portal hypertension: splenomegaly, caput medusae

• Weight and BMI



References:

 2013. Gastroenterology Referral Guidance. 1st ed. [ebook] NHS Hounslow CCG: NHS, pp.8-11. Available at: https://www.thh.nhs.uk/gp/pathology/Gastroenterology_Referral_Guidance_v4_May2013.pdf> [Accessed 4 April 2022].