



VSM is established to care for victims of crime and to support their journey towards emancipation and enhanced social wellbeing. With a firm belief in the power of human resilience, VSM passionately champions the rights of victims in Malta while committing itself to deliver quality services of the best standards parallel only to the determination, devotion and respect at regenerating a healthy and self-sufficient state of wellbeing.

We provide our services to individuals who are **16+**,
Whilst all of our services are **free of charge!**

Victim Support Malta is a founding member of PHROM; the platform for human rights organisations in Malta.



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CORE - Support for Victims of Crime

Our CORE services are available to **all victims of all crime**, this includes **domestic violence, arson, robbery, physical assault, cyber-crime, fraud, hate crime and hate speech, human trafficking, and stalking** to mention a few.

Outreach: Through our collaboration with the media and funding for awareness campaigns, we strive to address relevant community-based issues by advocating for prevention. We spend time giving talks in schools and the private sector to support the community to prevent the possibility of experiencing a crime or suicidality as well as defining our services for postvention. Our outreach programme is aimed both at prevention and generating awareness around the support available.

Support: Our CORE services are delivered via psychological intervention and legal information. Our team is populated by a vast array of professionals including Psychotherapists, Counsellors, Family therapy and Psychiatry consultations.

A crime does not have to be recent or reported to the police, in order for one to access our services. If an individual is still feeling traumatized by the event, no matter how long ago it occurred, you are entitled to our support.

To refer clients you can use the following methods:

- Online form - <https://forms.gle/KxFMF3yE7D1Zrk8D8>
- Call us on 21228333
- Email us on info@victimsupport.org.mt



CVSA - Care for Victims of Sexual Assault

Rape and Sexual Assault, the prevention and postvention of which, are vital to our organization. We are hugely invested in speaking up on behalf of all victims of rape.

Outreach: all our outreach efforts involve making appearances on the local media, social media and in-person talks to schools, the private sector as well as involving ourselves with other NGOs and entities that can contribute along with us to the reduction of Rape or the support of victims of Rape. Our mission is to educate and empower the community in the hope that we can reduce the number of rapes and sexual assaults on our islands.

Support: all our service providers are warranted Psychotherapists, Counsellors, Family Therapists, Social Workers and Psychiatrists.

The service for CVSA can start as early as upon reporting to the police or at Mater Dei whereby one of our crisis workers (service provided 24/7) will be called in to hand-hold the victim. This service is crucial to ensure the dignity of the victim throughout the first steps of this process. Victims are provided with a crisis bag where they have basic necessities to ensure that their practical needs in hospital are covered. Our services are not only open to those who have recently experienced a sexual assault. Our doors are also open to people who have experienced this trauma historically and are still impacted and traumatized by the event (s).

We welcome all victims of rape and sexual assault even if there is a decision to not report to the police. We are currently also funding all legal costs related to sexual assault and rape.

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SPOT - Suicide Prevention Outreach and Therapeutic Services

SPOT provides support to people who have been affected by suicide as well as people who struggle with suicidal ideation. This is not a suicide crises intervention BUT we do on-board anyone who has attempted suicide at least six months prior to intake and wants to sustain prevention of suicidality.

People who have been affected by suicide often suffer in silence. This is a complex grief that can easily go unaddressed. We are here to help through individual, family and group work depending on your needs and availability. We will support you even with your basic needs, including any letter writing, addressing of base issues like work, school. Before we refer you to therapy, we will ensure that your basic needs are being addressed. We are not in a rush, your recovery will be worked with at your pace. We also work tirelessly to help clients manage their suicidal ideation to a point in which they can function in society by engaging with life affirming behaviours Our team on SPOT includes warranted Psychotherapists, Counsellors and Family therapists as well as Psychiatrists and Social workers.

At intake you will be evaluated and the best professional will be matched to your needs. If you are already being seen by a psychiatrist or therapist, we will liaise with them and we will develop a holistic approach to caring for your recovery.

This is not a crisis service as we focus on long term recovery, if you are in a crisis kindly call **112!**

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